

Life to the fullest

Serving Rutherford & McDowell Counties

Speaker's Bureau

The Hospice of Rutherford County Speaker's Bureau is a free public service offered throughout the community to groups who want to learn more about various aspects of end-of-life care, grief, advance care planning and many other related issues.

Hospice team members are available seven days (or evenings) a week to address churches, schools, businesses and civic organizations. This service is part of Hospice's effort to educate as many people as possible about pressing issues that we will all face at some point in our lives.

Materials relevant to the topic will be provided for group members. Speakers can utilize multimedia presentations if requested.

To request a speaker, please call 828-245-0095 or

1-800-281-CARE (2273) and provide the group name, number expected to attend, topic requested, date, time, address and contact phone number. Please provide at least two weeks notice when requesting a speaker.

Additional services

Hospice has staff and volunteers who can conduct church services and provide musical entertainment in just about any setting. Groups can also tour the 18-suite SECU Hospice House, Annette Cash Whitaker Center of Living and Carolina Event and Conference Center and have a speaker address any of the aforementioned topics.

In addition, Hospice of Rutherford County has physicians, nurse practitioners, nurses, social workers, counselors and chaplains available to provide in-office or facility consultations with families.

Available topics

Hospice

- Overview of Hospice
- Hospice vs. palliative care
- Hospice Medicare benefit
- Hospice House
- When is it time for Hospice and who is appropriate for care

Grief

- Grief during the holidays
- Overview of grief (where do I turn, is my grief complicated, stages of grief)
- Grief for children and teens

Survival

- After the loss of a child
- After the loss of a loved one
- Widowhood

Community

- We Honor Veterans
- Volunteer opportunities

Communication

- Actions speak louder than words
- Communicating with compassion
- Caring, compassion and communication boundaries
- Developing communication skills

Dementia/Alzheimer's

- Caring for someone with dementia and Alzheimer's
- Dementia: Help for the patient and caregiver

Patients

- Rights
- Quality of life and the burden of treatment

Spirtuality

- Health benefits
- Cultural and spiritual diversity

End-of-life care

- Nursing care
- Symptom management
- Cultural considerations
- Total pain (physical, emotional, psychological and spiritual) management

Advance Care Planning

- Advance directives
- Discussing end of life wishes

Diabetes

- Making strides toward living well

Family

- Family dynamics
- Care for the caregiver